

ALL VOLUNTEERS MUST COMPLETE THIS QUESTIONNAIRE BEFORE ENTERING PARK DISTRICT BUILDINGS

Please look over the following three questions and record your answers on the Volunteer Sign In Sheet

1. Within the last 10 days have you been **diagnosed with COVID-19** or had a test confirming you have the virus?
2. Do you live in the same household with, or have you **had close contact** (<6 feet for >15 minutes) in the past 14 days with someone who has been in isolation for COVID-19 or had a test confirming they have the virus?
3. Have you had any one or more of these **symptoms** today or within the past 24 hours, which is new or not explained by a reason other than possibly having COVID-19?
 - Fever $\geq 100.4^{\circ}$ *
 - Chills or Repeated Shaking/Shivering
 - Cough
 - Sore Throat
 - Shortness of Breath, Difficulty Breathing
 - Feeling Unusually Weak or Fatigued
 - Loss of Taste or Smell
 - Muscle pain
 - Headache
 - Runny or congested nose
 - Diarrhea
 - Nausea and vomiting

*Temperature must be taken within 1 hour prior to building entry using personal or District-provided thermometer.

If you answer YES to any of these questions, follow the Park District's Exposures Protocols: Leave the area, contact your healthcare professional and alert the staff member on duty.

COVID-19 Volunteer Entry Self-Assessment Quiz

Please circle/select the correct answer for each question.

- 1) Volunteers must follow the same COVID-19 screening protocol requirements that Park District employees follow:
 - a. During their first week returning to volunteering
 - b. Each time they enter a park location/volunteer site
 - c. On the first day they return to volunteer only
 - d. Never – it's not required for volunteers

- 2) Temperatures gauges are available on site for all EBRPD employees and volunteers to use prior to the start of their shift as part of COVID-19 screening requirements. You may take your temperature at home before reporting on site if it's within _____ of your start time:
 - a. 30 minutes
 - b. 3 hours
 - c. 15 minutes
 - d. 1 hour

- 3) Temperatures that read or exceed _____ indicates a fever, which can be a symptom of COVID-19. If your temperature is this high, do not report to your volunteer shift at all or if you're already on site, go home immediately.
 - a. 100.4 degrees
 - b. 102 degrees
 - c. 99.9 degrees
 - d. Anything above 100 degrees

- 4) Which is **not** a preventative measure that can help reduce COVID-19 exposures:
 - a. Frequent handwashing and use of a hand sanitizing agent when handwashing is not an immediately available option
 - b. Face coverings
 - c. Steel toe boots
 - d. Maintaining a social distance of at least 6 feet or more from others

ACKNOWLEDGMENT

By signing below, I acknowledge receipt of the East Bay Regional Park District's COVID-19 Prevention Program, building/site entry protocols, and understand the self-screening requirements that I must follow as a volunteer for the East Bay Regional Park District.

Print Name

Signature

Date